

# The Flame

MENNONITE COLLEGE OF NURSING AT ILLINOIS STATE UNIVERSITY

FALL 2000

## Transcultural nursing

Ask health care professionals what they love most about their work and the answer typically

alludes to the fact that no two days are alike and no two patients the same. Both realities create excitement and satisfaction on the job, and ultimately make a nurse's work particularly rewarding.

But the differing backgrounds, religious beliefs, and cultural norms of individuals add more than intrigue to the nursing profession. Each also creates challenges and opens the door for misunderstandings, if not missteps, that ultimately hinder the work of a nurse who is not keenly

aware of each patient's unique needs and expectations. Mennonite College of Nursing works to remove such barriers through its Transcultural Nursing Program.

The program provides an avenue for personal and professional growth beyond the traditional classroom and clinical boundaries. "Basically the purpose of this program is to provide a transcultural learning opportunity for students in domestic and international locations," Assistant Professor Karrie Ingalsbe said.

Ingalsbe oversees the program that has been offered since 1984. Through the years students have traveled to Kentucky, Montana, and New Mexico, as well as to international sites such as England,



Japan, and Haiti. Approximately 10 percent of the college's students participate annually in the pro-

gram that strives to accomplish seven objectives.

The goals include helping students develop a sensitivity to persons of another culture, identify how health care providers offer culturally sensitive care, examine how cultural belief systems influence health care practices, identify the role of a health care provider in a different culture, and identify health care needs relevant to people of the culture studied. Students are also challenged to identify ways to communicate

with patients when language barriers exist and are forced to critically examine their own beliefs regarding health and culture.

Before participating in the program, each student studies theories of cultural care diversity and universality. Upon their return, the students meet with Ingalsbe to reflect on what has been learned, how it fits into the theories studied, and how their new knowledge may alter the nursing care they will provide.

"As a result of these experiences, students come away with a new and growing perspective of nursing and what it means to deliver culturally sensitive nursing care," Ingalsbe said. Students who

*Continued on page 3*

Mennonite College of Nursing  
and Alumni Association

### Calendar of events 2000

**December 15, 2000**  
Fall semester ends

**December 16, 2000**  
Commencement

**December 25, 2000-  
January 1, 2000**  
University offices closed

**January 16, 2001**  
Spring semester classes begin

**March 10, 2001**  
Spring break begins at noon

**March 19, 2001**  
Second half of semester begins

**May 11, 2001**  
Spring semester ends

**May 12, 2001**  
Commencement

**May 21, 2001**  
Summer session classes begin

**August 10**  
Summer session ends

## Russian nurse visits campus

Assistant Professor Karrie Ingalsbe, coordinator of Mennonite College of Nursing's Transcultural Nursing Program, received funding to finance a visit to Illinois State University by Galina Muraviova, chief nurse at Vladimir City Health Care, Vladimir, Russia.

Muraviova will participate in the University's Global Connections program, the fourth in a series of yearlong, campuswide programs dedicated to building intellectual community at Illinois State.

## Dean's message

Dear Mennonite Alumni,

The second year of Mennonite College of Nursing at Illinois State University is well under way.

There is tremendous interest in the nursing program, with several Illinois State students indicating pre-nursing as their major. We have initiated an early-admission program for outstanding freshmen. Students who meet the criteria are admitted to the nursing program as freshmen. We are settled in our lovely surroundings. The class pictures are hung, and the Mennonite historic materials are being displayed on the third floor. I invite all of you to

come and see the continuing tradition of excellence in nursing education. I wish to extend a special thanks to The Friends of Mennonite College of Nursing for furnishing the Founder's Suite.

Eileen Fowles and I had the opportunity to work in Coimbatore, India, this summer. We are consulting with Avinashilingam Women's University to plan a nursing program for southern India. Eileen and I are excited about the opportunities the exchange program will provide our students, faculty, and alumni. Please let me know if you are interested in being part of the program with India.

I mentioned in the past issue that faculty and staff are working to put selected courses on the Internet. I am pleased to report that all course syllabi are now available to students on the Web. Pathophysiology and pharmacology are being offered this semester as Web-based courses. The Distance Learning classroom and computer lab are completed. Take a look at our Web site:

www.mcn.ilstu.edu. We will appreciate your feed-

back. We are also interested in posting alumni news and photos. Please send us items you would like to see posted on the Web site.



Mennonite College of Nursing is collaborating with Heritage Enterprises to develop a teaching nursing home. This collaboration is designed to provide the nursing students with in-depth education and clinical practice in the care of the elderly. The nursing faculty are working with Heritage staff to develop outcome-based clinical research and staff development to ensure the highest quality of care.

Two nursing students have received honors. Sherry Archer was selected as Illinois State's Young Alumni Leader and Lyn Marie Overleese was selected as an American Psychiatric-Mental Health Nursing-Janssen Scholar. Several faculty have received honors as well. Details regarding accomplishments of these students and faculty can be found elsewhere in this issue.

I am proud to be associated with such outstanding staff, faculty, students, and alumni. I enjoyed talking with those of you who attended Homecoming events. I look forward to future events. Please keep in touch.

Nancy Ridenour

### Alumni Administrative Board 2000-01

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Alumni Board

### Student representatives

Cecilia Alvarez, president,  
Student Nurses Association

Susan Catt '96, president,  
Mennonite Graduate  
Student Organization

### Liaison members

Carrie Dougherty,  
director of Development,  
Illinois State University

Barbara Tipsord Todd,  
director of Alumni Services,  
Illinois State University

## Students inducted into Xi Pi Chapter

The Xi Pi Chapter of Sigma Theta Tau International conducted an induction ceremony November 12 in Capen Auditorium on the Illinois State University campus. Mary Peterson was the keynote speaker, and a reception was held after the ceremony.

Prelicensure students inducted were Beth Clark, Corinne Fortney, Jennifer Hoffman, Lacy Jones, Laura Mead, Shelly Miller, Jennifer Mool, Lyn Overleese, Stacie Pessetto, Jamie Rayburn, and Michael Rybak.

R.N. to B.S.N. students inducted were Rebecca Johnson, Deb Stenger, Peg Reid, Kathi Brinker, and Janet Sutter. Graduate students inducted were Dawn Thorson, Kimberly S. Smith, and Betty Jan Webber.

Galina Muraviova of Vladimir, Russia, was inducted in absentia, becoming the first international member of the Xi Pi Chapter. She is scheduled to visit Mennonite College of Nursing in spring 2001.

## Transcultural nursing continued from page 1

participated in the program this past summer concur.

Eleven students chose to study through the program: Trish Simeone and Katie Cowan in Coventry, England; Jamie Rayburn, Lyn Overleese, Renae Donahue, and Corrine Fortney in Eastborne, England; Jenny Hoffman, Natasha Smith, and Jamie Sprague in Lame Deer, Montana; and Jessica Rayburn and Emily Willy in San Antonio, Texas.

Upon her return from England, Fortney said the program "will impact me as I begin working in the nursing profession by helping me open my eyes to different cultures and show a greater respect for other cultures." A senior from LaGrange, she spent the month of July in Eastborne. The opportunity to study there factored into her decision to attend Mennonite College of Nursing.

"I have always been interested in traveling and other cultures. Part of the reason I picked Mennonite was because of the transcultural program," Fortney said. Hoping to work with child deliveries or in a neonatal intensive care unit upon graduation, she was eager to examine nursing care for the parent and the child in England.

"By the multiple people I got to work with in England, I feel I was exposed to many areas and now have a good understanding of their care as compared to the care in the United States," Fortney said. The opportunity to witness two cesarean births deeply affected her and reinforced her desire to work in obstetrics. She also worked in surgery, a psychiatric hospital, a general practitioner's office, an emergency room, and with a midwife.

Although she spent much of her time observing, Fortney was not disappointed. "Working with the health visitor allowed me to go into homes and also then compare that side of England to the United States," Fortney said, adding that she also gained a new appreciation for the educational opportunities nurses have in the United States.

Ingalsbe considers Fortney's experience typical for students who travel to either Eastborne or Coventry. While there the Mennonite students are linked with a buddy and observe nurses functioning in multiple hospital settings. They also arrange community visits with a British nurse.

"Students learn not only about the similarities and differences between culture[s], but also about the dominant culture in Great Britain and about other subcultures that have settled there," Ingalsbe said.

Donahue, a senior from Ottawa, also traveled to Eastborne and echoes Fortney's enthusiasm for

the life-changing experience. "I wanted to learn about the nursing roles in other cultures and to see the differences in our health care system," Donahue said. "I was very taken by the traditions they hold, with nurses still wearing dresses. It is a country full of tradition with conservative hospital settings. Women will care for female patients, and men handle male patients."

From observing surgery to visiting a birthing center and emergency room, Donahue said she was able to get a good view of the nurse's role in various departments. Interested in comparing nursing roles and required education to what is the norm for both in America, Donahue focused on the differences in courses and requirements registered nurses must complete.

"The nursing role and care are all the same," Donahue concluded; however, she noted universal protections nurses enjoy in America are lacking. "The biggest differences are due to different types of health care that cause differences in technology. There is a major difference in the lack of technology."

The students who studied in Texas were part of a two-week program that offered a more in-depth exposure to the Mexican and Mexican-American population in the United States. Ingalsbe said students worked in community settings and visited clinics, shelters, and Mexican herbal shops.

Those who chose to study in Montana gained knowledge of the Native American culture. Work was done in both clinical and hospital settings, with students given the opportunity to compare the commonalities of Native American tribes in the area.

Hoffman, a senior, is one student who opted for the experience in Lame Deer. She gained knowledge while working in an emergency room where she completed tasks learned throughout her education, including drawing blood and triaging patients.

"I love the West and have always been interested in Indian culture. I chose the Transcultural Nursing Program to widen my knowledge base as a nurse and help serve those of different races as well as I would serve my own," Hoffman said. "The knowledge that I now have will help me avoid any disrespectful behavior when I treat Native Americans."

Donahue draws the same conclusion in reflecting on the value of the Transcultural Nursing Program. "It has made a difference in how I view life. I can see other cultures, even in America, and understand why things are done as they are," she said. "It's allowed me to be more culturally sensitive to others by realizing behaviors that differ because of culture are not wrong."

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Continued on next page





## Appointments

The following faculty, administrators, and staff have been appointed since July 1, 1999.

**Jan Ballowe** is secretary to the undergraduate and graduate program directors and the associate dean.

**Chandra Scott** is secretary to the academic advisors.

**Ola Bello** is academic advisor. He holds a master's degree in public administration from Sangamon State University, now the University of Illinois at Springfield.

**Sara Campbell '86** has been appointed associate dean. She served as interim director of the undergraduate program during the 1999-2000 academic year. Campbell, an assistant professor teaching graduate nursing systems courses, earned her Doctor of Nursing Science at Indiana University.

**Carrie Dougherty** is director of Development for Mennonite College of Nursing. She holds a Master of Science in student personnel administration from Illinois State University.

**Donna Konradi** is graduate program director and an assistant professor. She teaches "Theoretical Foundations of Nursing and Health Care" and "Research for Professional Nursing Practice" in the graduate program. She has a Doctor of Nursing Science with a major in nursing synthesis and a minor in philosophy from Indiana University.

**Pam Lindsey '85** is interim undergraduate program director and instructional assistant professor teaching the "Health Assessment" lab and "Psychiatric-Mental Health Nursing." She received her Master of Science in psychiatric-mental health nursing from the University of Illinois-Chicago and is currently enrolled as a doctoral student at Rush University.

**Douglas Mock** is local area network (LAN) coordinator. He has a Bachelor of Arts in motion picture production and printed art from Western Illinois University.

**Lisa Nannie** is a part-time practicum instructor in "Family Nurse Practitioner III." She has an Master of Science in public health nursing from the University of Illinois-Chicago.

**Janet Stivers** is a part-time academic advisor. She earned her Master of Science in counseling psychology at Illinois State University.

**Eileen Fowles** is college research coordinator and an assistant professor, teaching "Parent Child Nursing," "Applied Nursing Research," and "Theoretical Foundations of Nursing and Health Care." She holds a Ph.D. in nursing from Loyola University.

**Caroline Mallory** is an assistant professor and course coordinator of "Adult Nursing II" and "Introduction to the Discipline of Nursing." She holds a Ph.D. in nursing science from Indiana University.

**Wendy Woith** is clinical lab supervisor and teaches "Adult Nursing I" and "Health Assessment." She earned a Master of Science in adult health nursing at the University of Illinois.

**Donna Redding** is an instructional assistant professor teaching "Introduction to the Discipline of Nursing," "Adult Nursing I," and "Foundations of Inquiry." She also is course coordinator for "Adult Nursing I." Redding holds a Ph.D. in educational administration from Illinois State University.

## Nursing student receives scholarship

Lynn Overleese is one of 15 undergraduate nursing students to receive the American Psychiatric Nurses Association-Janssen Student Scholarship.

Eligibility and selection criteria included being a full-time student enrolled in a state-approved nursing program leading to licensure as a registered nurse; completion of at least half of the required hours for graduation; a minimum grade point average of 3.5; and an expressed interest in psychiatric mental health nursing.

The scholarship program focuses on understanding the role of the psychiatric mental health nurse; expanding concepts related to the role and function of professional nursing organizations; empowering the student to be involved in patient and nurse advocacy; and participation in mentor-protégé developmental relationships.

Overleese attended the 14th annual American Psychiatric Nurses Association conference titled "The Role of Discovery: Evidence-Based Practice and Advances in Psychiatric Nursing." The conference was held October 25-28 in Crystal City, Virginia.

## Nurse-futurist speaks at conference cosponsored by College

On September 14 Mennonite College of Nursing cosponsored a regional conference with Illinois Wesleyan University, Bradley University, Heart of Illinois Association of Occupational Health Nurses, Illinois Nurses Association Districts 6, 7, and 15, and Xi Pi and Theta Pi Chapters of Sigma Theta Tau International.

Featured speaker Daniel Pesut, a nurse-futurist, talked about how to use futuristic thinking to influence preferred futures. He outlined the purpose of futuristic thinking: "The purpose of future studies is not to predict the future, but to envision desirable futures and avoid or prevent catastrophic ones."

More than 1,000 health care providers participated in the conference.

## May 2000 degree candidates

### Bachelor of Science in Nursing

Rachel Jean Anderson, Morton  
Sherry Ann Archer, Eureka, Missouri  
Jennifer Lea Barnett, Terre Haute, Indiana  
Melissa Jo Borek, West Chicago  
Tiffany Breazeale, Decatur  
Wendy M. Carlton, Colfax  
Amy Jo Cox, Morton  
Alyson Christine Crosby, Bourbonnais  
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Mamua Mary Endeley, Chicago  
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Katy Marie Hettel, Grand Ridge  
Amy Elizabeth Huntoon, Libertyville  
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Michelle Lynn Soice, Lincoln  
Lynn Ann Stien, Rockton  
Heather Ann Taylor, LeRoy  
Marie Ora Thornton, Normal  
Katrina Jeannette Wilcox, Bloomington  
Pamela Ann Zimmerman, Woodridge

### Registered nurses receiving Bachelor of Science in Nursing

Kathy Janelle Brinker, Normal  
Emily R. Davison, Bloomington  
Rebecca L. Ferguson, Normal  
Andrea R. Gay, Normal  
Jason Richard Huber, Fairbury  
Deb Thompson, Havana  
Gerri L. Whitcomb, Bloomington

### Master of Science in Nursing

Laura Jeanne Amidon, Mount Pulaski  
*Project: "Perceptions of a Mobile Health Unit in Logan County, Illinois"*  
Judith Marie Banning, Taylorville  
*Project: "The Voice of the Underserved"*  
Tina Marie Barber, Bement  
*Project: "Completed Comprehensive Examination"*  
Linda Herriott Irle, Thomasboro  
*Project: "A Descriptive Correlation Study of Postpartum Depression"*  
Julie Kyle Maley, Decatur  
*Project: "Osteoporosis Risk Factor Identification in Adolescents"*  
Susan Elaine Nelson, Springfield  
*Project: "Public Knowledge of Advance Directives Survey: Implications for Nurse Practitioners"*  
Sheila Rollins Schmitz, Mahomet  
*Project: "Health Care Consumers' Perception Level for Role of the Nurse Practitioner"*  
Crystal Ann Smith, Bloomington  
*Project: "Postoperative Brace Use After Anterior Cruciate Ligament Reconstruction: The Effect on Range of Motion Rehabilitation"*  
Jill Ann Stoops, Springfield  
*Project: "Smokeless Tobacco Cessation: Clinical Trial"*  
Gena Sue Turner, Rantoul  
*Project: "Early Discharge and Learning Needs of Postpartum Women"*

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## Faculty members awarded fellowships

Three Mennonite College of Nursing faculty members have been awarded fellowships. Associate Dean Sara Campbell, Associate Professor Brenda Jeffers, and Associate Professor Barbara Walpole participated in several national programs varying in topics from nurse scientist training to teaching rural health.

Campbell, along with Cathy Schwartz from Memorial Medical Center in Springfield, were selected for the Helen Fuld Foundation Leadership Initiative in Nursing Education Fellowship. They attended education sessions in San Francisco and are now implementing their proposal “Academic and Service Collaboration: Meeting the Demand for Empowered Professional Nurse Leaders.” Students from Mennonite College of Nursing are working at Memorial Medical Center with nursing leaders serving as preceptors.

Campbell was also selected for the National Institute of Nursing Research training program for nurse scientists on the merit of her proposal “Use of an Empowering Practice Model to Improve Quality of Life for Older Adults in Long-term Care Settings.” While studying at the National Institutes of Health in Bethesda, Maryland, Campbell gained knowledge related to research funding. She has presented research at the fourth International Academic Congress. She also has received a University Research Grant and plans to apply for increased funding in order to continue work in this area.

Jeffers was one of two nurses selected nationwide to serve as an intern at the American Nurses Association Center for Ethics and Human Rights. During her internship she wrote two articles, “Some Nurses Still Need End-of-Life Education” and “Mapping of the Human Genome Will Bring New Challenges in Ethical Health Care Delivery.” The articles will appear in the center’s upcoming on-line edition of *Communiqué*. Jeffers also worked on a background paper for the Human Genome Project, the first step in the development of a position paper. While at the center she participated in facilitating outreach to constituent member associations throughout the United States in matters related to the “Code for Nurses,” contributed and responded to questions forwarded from the center’s Web site, and attended several meetings in the Washington, D.C., area. She began a study on the feasibility of establishing a modular certification for nursing in clinical ethics.

Walpole, community health course coordinator, was selected as a fellow of the Helen Fuld Summer Institute in Rural Community Health. Fellows were chosen on the basis of their ability to benefit from the internship. The two weeks were spent in extensive classroom and clinical exposure. Classroom discussions related to rural health populations, advanced practice nursing and education in rural areas, and cultural delivery systems. A rural hospital served as the clinical setting. Walpole is writing a chapter titled “Public Policy for Rural Communities.” The fellows from this institute and the upcoming 2001 summer institute will write chapters for a book to be published and distributed to all nursing schools in 2002 to help in teaching rural health.

The research being done by Mennonite College of Nursing faculty will affect alumni in the health care profession, students enrolled in the college, future students, and patients.

## Progress notes

### 1930

Our sympathies to **Beulah Schertz Roth** of Normal on the death of her husband, Chester Roth, on July 9, 2000. Survivors include three daughters, Judy (Wayne) Wheeler, Indianapolis, Indiana; Cinda Roth, Denver, Colorado; and Debora Roth, Wheaton; eight grandchildren; and 10 great-grandchildren.

### 1947

Our sympathies to **Gladys Netherton Ulrich** of Flanagan on the death of her husband, Edwin Peter Ulrich, on July 5, 2000. Two daughters, Connie Estes of Flanagan and Roselyn Stoffel of Middlebury, Indiana, and one son, Jay Ulrich of Centerville, Michigan, also survive.

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### 1950

**Mary Alice Stoll Smith**, Bloomington, and her husband Bernard celebrated their 50 wedding anniversary February 11, 2000. A weekend of dinners and activities was hosted by their children, Berna Duffield of Joliet, Edward of Dunlap, Lisa Larkin of Bloomington, and Scott of San Francisco. A trip to Hawaii highlighted the occasion. They have seven grandchildren.

### 1960

**Virginia M. Frank Lockwood**, Bloomington, and her husband Robert E. celebrated their 40 wedding anniversary September 17, 2000. They are the parents of Cynthia A. Cook of Carlock, Robert C. Lockwood of Bloomington, Katherine Lockwood of Madison, Wisconsin, and Rebecca Lynn Lockwood of Memphis, Tennessee. There are four grandchildren. Virginia works part time as charge nurse in the skilled-care wing of Scotchwood Health Care Center in Bloomington. Her husband retired in 1998 from the city of Bloomington. Their youngest child, Rebecca, is working on her Ph.D. in clinical psychology. Daughter Katherine has a master’s degree in biological sciences and works for a Madison, Wisconsin, biotech company in research and development.

### 1983

**Ellen Rayburn Wylie**, Bloomington, is a registered nurse in obstetrics at BroMenn Regional Medical Center. She has been a board-certified

lactation consultant since the fall of 1999 and is developing teen breast feeding classes through the local health department. Ellen and her husband, Mark, have four children: Sarah 11, Andrew 8, Christopher 6, and David 3.

### 1997

**Chris Putnam**, Springfield, is a maternal-child health nurse–WIC family case management with Sangamon County Department of Public Health. She also works as needed as a staff nurse at Children’s Hospital of Illinois (neonatal intensive care unit transport team).

### 1998

**Amy Sackett Bates**, Randolph, New Jersey, is employed in the cardiac progressive unit at Morristown Memorial Hospital.

### 1999

**Katie Naber Bowars**, Bloomington, is a registered nurse with pediatricians J. K. Patel and Sanjay Saxena in Bloomington and teaches a CNA course at Bloomington High School Area Vocational Center.

### 1999

**Melissa Sue Mundwiler**, Oneida, is a full-time family nurse practitioner at Planned Parenthood in Peoria. She passed the certification examination the first time she took it. Congratulations!

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## Progress notes

We welcome updates from alumni for *The Flame* publication. We want to know about your activities, career news, family news, and other significant activities (weddings, births, honors and awards, promotions, changes in employment, personal accomplishments). Thank you for sharing your news with other alumni. Please fill out this form and return it so your news will be published in the next issue. Mail to Illinois State University, Mennonite College of Nursing, Campus Box 5810, Normal, IL 61790-5810.

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- Debra and Sheldon Roach
- Cheryl and Mark Rogers
- Kathryn and Alfred Rojek
- Debra and James Roth
- Ruth and Schley Rudolph
- Janice and Philip Rush
- Carolyn Ruth
- Vada and Keith Saffer
- Edith and Paul Sancken
- Marjorie and Donald Sapp
- Sandi and Kurt Scheidenhelm
- Schertz Countryside Sales
- Alice and John Schieber
- Judith and Eugene Schlueter
- Linda and James Schmidt

Continued on next page



### Celebrating the past

# Remembering Lena Maxwell

Lena Maxwell (1904-1998) graduated in 1928 from the Mennonite Sanitarium Training School, which later became Mennonite Hospital School of Nursing and then Mennonite College of Nursing. She served as superintendent of the school and director of nurses for 24 years (1935-36 and 1943-66). It was

Miss Maxwell's sense of dedication and service to the needs of others that reinforced and expanded during this period the school's and the hospital's reputations for providing exemplary health care.

Miss Maxwell, the woman fondly referred to as "Bloomington-Normal's Florence Nightingale," lived a life dedicated to service, "...not for ourselves but for others." For her, "to be a nurse was to walk with God," a statement that is reflective of how she lived her life. She is a symbol of what it means to be a Mennonite graduate, a Mennonite nurse. Her life was dedicated to the service of humanity.

*"Christ has no hands but ours to do His work; therefore, I believe to be about God's business it is my duty to daily seek significant Christian service and find joy in service above self."*—LENA MAXWELL

*Lena Maxwell's family has graciously allowed Mennonite College of Nursing to share her words with recipients of The Flame. The following prayer, written by Miss Maxwell, seems especially appropriate at this time of year.*

*Dear Heavenly Father, who sendeth every good and perfect gift—we call to mind Thy loving kindness and tender mercies—with grateful hearts we lift our voices in Thanksgiving.*

*We thank Thee for the work we are enabled to do and for the hopes and aspirations which lead us on toward better things.*

*We thank Thee for our friends and all the pleasures which these associations offer.*

*We thank Thee for the discipline of life itself—for the trials by which we are trained to patience—to love and sympathy.*

*Grant that we may also praise Thee in consecrated and faithful lives.*

*We thank Thee for the beauty of this autumn season; and help us, O God, to make the life of our fellowman as lovely as the world in which he lives.*

*Grant us a heart wide open to all this joy and beauty, and save us from being so burdened by the duties of the day that we pass by heedless and fail to notice the glories of Thy handiwork.*

*We thank Thee for these women who give of their time and talent to assist as a discipline of Thine in extending the arm of Thy kingdom here on earth.*

*Thank Thee for this food and the hands which have prepared it. Bless it to its intended use and us to greater service.*

*We thank Thee for all these things and many more, and above all we thank Thee for people with all their goodness and understanding, which so far outweigh their vices, their envy, and their deceits.*

*In Jesus' name, Amen.*

*"Nursing was her life. I can remember Lena saying, 'I'll die helping somebody.'"—GLENN MAXWELL, brother*

### Lena Maxwell Endowed Scholarship Fund

The family of Lena Maxwell established an endowed scholarship in 1998 as a living memorial in her honor. Miss Maxwell's life was guided by the following, which provides insight into her caring and compassion:

#### My Creed

*To make the pathway smooth  
Where other feet must trod,  
Pluck off the crown of thorns  
Lay roses in their stead;  
To dry the falling tear,  
Bind up the wounds that bleed,  
To serve my fellowmen with joy—  
This is my creed.*

*To sing of love and peace,  
Lift up the ones who fall,  
To trust that God is wise  
And ruleth over all,  
To do my best each day,  
Be king in word and deed,  
Keep faith unto life's end,  
And hope—  
This is my creed.*

The purpose of the Lena Maxwell Endowed Scholarship is to promote caring and compassionate nursing care as well as involvement in service and leadership activities in college and/or community organizations.

#### Yes! I want to make a gift to the Lena Maxwell Endowed Scholarship Fund.

\$1,000    \$500    \$250    \$100    Other \$ \_\_\_\_\_

Please make your check payable to *Illinois State University Foundation* and write *Lena Maxwell Scholarship* on the memo line to ensure its correct deposit. Mail your gift to Illinois State University, Carrie Dougherty, Director of Development, Campus Box 3060, Normal, IL 61790-3060.

NAME \_\_\_\_\_ GRADUATION YEAR \_\_\_\_\_

DEGREE(S) \_\_\_\_\_

POSITION \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Donors continued from previous page

- Yvonne and Richard Schumde
- Mary and Robert Scott
- Janet and Robert Sears
- Carol and Paul Selman
- Ruth and John Shaffer
- Mary and Floyd Sharp
- Dorothy Shoemaker
- Janice and Don Sielaff
- Florence Simonson
- Julie and Kenneth Sinnett
- LaRue Sloan
- Julie Smalley
- Charles and Mary Smith
- Crystal and Tyler Smith
- Deborah Smith
- Mary and Bernard Smith
- Judith and Michael Springer
- Sandra and John Stanger
- Donna and Ivan Stanwood
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- Glenn and Mary Stech
- Deborah and Stephan Stenger
- Diane and Robert Stephenson
- Julie and Randy Stewart
- Carolyn Sities
- Kelli Stoller
- Sonia and Gale Stoller
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- Wilma and Lawrence Strantz
- Patricia and Glade Stutzman
- Lori and Scott Sullivan
- Esther and M. Willis Sutter
- Lela Sutter
- Amber and Jeff Taylo
- Ray and Carol Thomas
- Janette and Jeffrey Thompson
- Patricia Thompson
- Ruth Tiedeman SIB Trust
- Louise and Steve Todd
- Laura and Daryl Tolan
- Janet and Frank Tuley
- Teresa Ulrich
- Jeanette and Dale Unzicker
- Ruth Ann and Rick Vance

Continued on next page

## First Joslin Scholarship awarded to freshman from Lincolnshire

The First Joslin Endowed Scholarship was awarded to freshman Andrew Chusid, a graduate of Stevenson High School in Lincolnshire. The scholarship is awarded to attract outstanding undergraduate and graduate students to Mennonite College of Nursing. During high school, Chusid worked at a pharmacy, was active in the Interact Club, served as president of Hebrew Club for two years, and received head life-guard certification through the American Red Cross.

He became interested in nursing during summer stays in Los Angeles, California, where he interned at the Will Geer Theatrum Botanicum Youth Drama Camp. When children were injured he would take them to the "Camp Mom" and help nurse them back to health. "When their pains were eased and they could rejoin

the others, the looks on their faces were priceless. I had done something wonderful for someone," he recalled.



Andrew Chusid

"Nursing is very personal to me. I have always wanted to help others beyond the reach of modern medicine. I feel that as a nurse I could help people physically and emotionally to both cure and heal them."

Chusid is in the Honors Program and is a member of University Choir, Honors Student Organization, and Rugby Football Club. "I am thankful that the Joslin Scholarship will help me succeed in my educa-

tion and help me become a part of the family of students, alumni, faculty, and staff at Mennonite College of Nursing. As a part of this family, I am confident that I can create some of the changes we all need to see in the world," he said.

Donors continued from previous page

- Carol and Richard Vignali
- Sheila and Richard Voigt
- Erin Waite
- Carolyn and Steve Walker
- Judith and Dr. Robert Walsh
- Mary Ann and Paul D. Watkins
- Dawn and Daniel Webb
- Grace M. Webb
- Marlene Weichman
- Lisa Wentworth
- Daphne and John Wepprecht
- Jerry and Sheila West
- Peggy Whitford
- Deborah and John Wichman
- Kathleen and Roger Wiegand
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- Mary Wulf
- Ellen and Mark Wylie
- Dorothy and Glen Yoder
- Joan and John Yoder
- Zetta Yoder
- Sally and Lynn Young
- Sandra and David Young
- Peggy and Steve Zimmerman
- Mary and John ZonFrilli

## New arrivals

**LeAnn Thiele Kane '89** and husband Paul welcomed their second child, Daniel Paul, on March 30, 2000. His big sister is Emily, 6. LeAnn is part-time case manager at St. Mary's Hospital, Decatur, and an intensive care unit RN at Decatur Memorial Hospital.

**Jackie Rosenbury Moraco '89** and husband David of Kalamazoo, Michigan, welcomed a second daughter, Claire Elise, on April 26, 2000. She is a sister to Lauren, who was born August 28, 1998.

**Kathie Helms Killday '91** and husband Drew welcomed a daughter, Hanna Nicole, into their family on March 17, 2000. Her big sister Megan, 7, and big brother Derek, 4-1/2, are delighted. Kathie works part time as a telephone triage nurse.

**Stephanie Bolato Rowe '91** and husband Scott celebrated the birth of a son, Augustin Reese, on October 17, 1999. His big sister is Madisen Elizabeth, 3+. Stephanie is a staff nurse in the ambulatory surgery/postanesthesia care unit at Provena Saint Joseph Hospital in Elgin.

**Lyn Alwes Kutz '92** and husband Matthew of Green Bay, Wisconsin, welcomed twins, Madelyn and Maxwell, born on February 4, 2000. Their big brother Sam is 3+. Lyn is employed as a maternity RN at Bellin Hospital.

**Kimberly Witheft Mau '96** and husband Dan of Herscher welcomed a baby girl, Anna Marie, June 9, 2000. She is the sister of Allison, 20 months. Kim started a new job as a nursing instructor at Kankakee Community College in the fall of 2000.

**Jean Peterson Abbott '97** and husband Russ announce the arrival of their first child. Jordan Matthew was born August 10, 2000.

**Ashley Hughes Neal '97** and husband Jim of Rochester, Minnesota, welcomed their first child, Trever William, on January 29, 2000. Ashley is an orthopedic surgery nurse at Mayo Clinic.

**Cindy Huckins '98** and husband David of Grand Ledge, Michigan, celebrated the birth of their first child, Evan Michael, on October 8, 1999. Cindy is an RN in the cardiac intensive care unit of Sparrow Health System.

## Marriages

**Amy Sackett Bates '98** married Scott Bates on October 29, 1999. They reside in Randolph, New Jersey.

**Katie Naber Bowers '99** married Craig Bowers on June 5, 1999. They reside in Bloomington.

## Nominations

You're invited to nominate graduates of Mennonite College of Nursing for the Distinguished Alumni Award and/or the Young Alumni Award.

The Distinguished Alumni Award is presented to graduates who have demonstrated dedication to the nursing profession, exhibited leadership ability, shown outstanding professionalism, promoted and elevated the general nursing image, and who are held in high regard by their peers and their community.

Recipients include Elva Carr '22, awarded in 1981; Elaine Reynolds '38, in 1982; Lena Maxwell '28, in 1983; Lois Philpott '40, in 1984; Lena Graber '35, in 1985; Ruth Oesch '61, in 1986; Dorothy DeVore '54, in 1987; Rebecca Sutter '68, in 1988; Ann Ropp '31, in 1989; Shelly Richard '77, in 1990; Jane Armer '76, in 1991; Beverly Grimes '60, in 1992; Karen Ahijevych '67, in 1993; Florence Simonson '34, in 1994; Mark Pelletier '81, in 1995; Mary Ann Watkins '62, in 1996; Elfrieda Ramseyer '58, in 1997; Romeyn Oyer '51, in 1998; Karen Hildreth '59, in 1999; and Beverley Klinkhammer '81, in 2000.

The Young Alumni Award is presented to a alums who have graduated within the past 15 years and who have shown continued interest in and support of Mennonite College of Nursing, demonstrated professional achievement, participated in distinguished community service, and personified the values of the college in their life.

The award was established in 1996, and Douglas Brown '81 was the first recipient. Mary Anne Kirchner '82, '87, received the award in 1997; Mary Slutz '83, in 1998; Diane L. Radmer Whipple '85, in 1999; and Sara Campbell '86 in 2000.

Nominations for these awards may be submitted by anyone (nurse or otherwise) no later than June 30. The awards will be presented during Homecoming.

### Nomination form

- Distinguished Alumni Award     Young Alumni Award

NOMINEE'S NAME \_\_\_\_\_ YEAR OF GRADUATION \_\_\_\_\_

PROFESSIONAL HISTORY AND ACCOMPLISHMENTS \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

YOUR REASON(S) FOR MAKING NOMINATION \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

YOUR NAME \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ TELEPHONE \_\_\_\_\_

Mail nomination to  
 Illinois State University  
 Mennonite College of Nursing  
 Mennonite Nurses' Alumni Association  
 Campus Box 5810  
 Normal, IL 61790-5810



### College hosts Power of Nursing Leadership Event

Mennonite College of Nursing at Illinois State University served on the Host Committee for the third annual Power of Nursing Leadership Event in Chicago.

Those representing the college included Nancy Ridenour, dean; Sara Campbell, associate dean; Donna Konradi, graduate director; Eileen Fowles, college research coordinator; alumna Marsha Reeves '81; Jan Weber, a nursing systems administration graduate student; Jean Lytle, interim dean of the College of Nursing and Health Professions at Lewis University; and Dan Brady, representative of the 88th District.

Health care economist Stuart Altman was the Mary Kelly Mullane Symposium speaker. He presented "Advancing Health Care: Trends Beyond Tomorrow." Honorary chairpersons at the event were Lt. Gov. Corinne Wood and Eric Crowell, president and chief executive officer of Trinity Regional Health System.

The event brought together health care leaders from throughout Illinois to recognize and celebrate nursing leadership.



### Homecoming 2000

Mennonite Nurses Alumni Association hosted Homecoming on October 7, 2000. Honored Reunion Classes included 1930, 1940, 1950, 1960, 1975, and 1990. Many alumni joined in the festivities. It was a wonderful opportunity to reconnect with old friends and to see the remodeled Edwards Hall, the new home of Mennonite College of Nursing.

During the Homecoming celebration two alumni were honored for the achievements. Beverly Klinkhammer '81 received the 2000 Distinguished Alumni Award. Beverly is the associate vice president in the patient care division at Holy Cross Hospital, Chicago. She has published several articles and coauthored such books as Quick Reference for Pediatric Emergency Nursing and Quick Reference for Emergency Nursing. When asked what she considered her most important achievements, she responded: "My daughter Emily, my writing, and my career."

Sara Campbell '86 received the 2000 Young Alumni Award. She has served in many capacities at Mennonite College of Nursing since 1981, starting as a lab assistant. She has worked as coordinator for student development, assistant professor nursing

administration, interim undergraduate director, and is currently the associate dean. Sara was selected as a Leadership Initiative for Nursing Education (LINE) Fellow, funded by the Helen Fuld Trust for her work to enhance the leadership skill of both nurse educators and nursing students at the baccalaureate level.

The members of the Mennonite Nurses Alumni Association Administrative Board have established the Mennonite Nurses Alumni Endowed Scholarship Fund. The bylaws of the organization were restructured under the leadership of alumna Alice Deavers with input from Barbara Todd, Illinois State University Alumni Services director, Dorothy Devore, and other administrative board members. Copies of the bylaws were available at the Homecoming and can also be obtained upon request. This endowed scholarship fund provides scholarship support for Mennonite College of Nursing students.

Homecoming 2001 is scheduled for October 26-28. Mark your calendars now. We would love to see you in October 2001!

### Faculty scholarly activity

In July 2000 **Assistant Professor Caroline Mallory** presented a portion of her postdoctoral research at the Annual Conference on the Roles of Families in Preventing and Adapting to HIV/AIDS, which was sponsored by the National Institutes of Mental Health in Chicago. Mallory's presentation was titled "The Role of Romantic Relationships Between Men and Women and Southern African-American Women's Experience of Infection with HIV." Her research focuses on the prevention of HIV among women at high risk, and she is developing ways to help women protect themselves against the virus that causes AIDS.

**Donna Redding** presented "Critical Thinking Development Among Nursing Staff" at Passavant Hospital in Jacksonville on July 19 and at BroMenn on August 10. She also presented "The Relationship Between Critical Thinking Disposition and Academic Achievement in Baccalaureate Nursing Education" at the University of Indiana's fifth annual Nursing and Health Professions Educator Conference on September 20.

**Cindy Sullivan** presented "Nursing Student Perspectives about Nursing History" at Past Matters: Rethinking the History of Science and Technology and Health in March at Illinois State University.

**Barbara Walpole** made a presentation on skin-care issues to members of Eldercare Group sponsored by the Illinois State University Wellness Program.

**Eileen Fowles** made a poster presentation, "Comparison of Pregnant Women's Nutritional Knowledge and Dietary Intake," at MNRS in April 2000. She also presented a poster, "Validation of the Prenatal Maternal Attachment Scale," at the ANA convention in June 2000. She traveled to India in July.

**Kim Astroth** became secretary of Xi Pi Chapter of Sigma Theta Tau on July 1, 2000.

## ***Pursuing our mission halfway around world***

Turning the philosophical words of a mission statement into an action plan can be one tough assignment. The administration and faculty at Mennonite College of Nursing at Illinois State University have found a way to accomplish the task, however, as they manifest the spirit of the college's mission through multiple initiatives.

One element of that mission is to educate nurses to serve not just a local or national community but global neighbors as well. Another charge is to acknowledge responsibility to address health care needs of those who are vulnerable and underserved. Dean Nancy Ridenour and Professor Eileen Fowles found a way to move forward on both objectives by working with the Avinashilingam Institute for Home Science and Higher Education for Women in India.

An all-female institution with an enrollment of approximately 4,000, Avinashilingam offers programs across multiple disciplines but does not have a nursing school. To fulfill that dream will require outside expertise and support, which is exactly what Ridenour and Fowles were able to provide in a visit to the institute during July.

"Having a connection with Illinois State University gives them an advantage" in working through the required bureaucracy to begin a nursing school, Ridenour said. Much of her time was spent meeting with government and public health

officials at high levels "to give credence to the project and show support."

Ridenour was prepared to be an advocate because of the relationship Illinois State had already established with the institute. Professor Maria Canabal in the Department of Family and Consumer Sciences received funding to begin a faculty exchange with the institute a few years ago. Aware of the institute's desire to pursue a nursing program, Canabal introduced Ridenour to faculty who were visiting from India last spring.

"We started working with them here, doing assessments of what it will take to get the school going," Ridenour said. The effort intensified during her visit to India, where she helped determine what funding and faculty needs exist.

"We took syllabi and talked about what the courses will look like and what books will be needed, and looked at proposed facilities and what they might look like, and discussed where to recruit faculty," Ridenour said. "The biggest issues will be finding faculty. That is a real challenge because of a shortage of nurses in general internationally and the fact faculty will need clinical and expertise, as well as academic credentials."

Ridenour envisions that Mennonite College of Nursing will not only help design laboratory centers but assist in intensive clinical training for faculty

during visits to Illinois State. "It will be their college of nursing, but it is a collaborative effort with Illinois State to help get them started," she said.

That collaboration has already begun through faculty such as Fowles, who teaches graduate student theory and serves as the college's research coordinator. In addition to supporting the institute's efforts to begin a nursing program, Fowles traveled to India to pursue her own research in nutrition in pregnancy and how issues tied to both vary by culture.

"I had gone over hoping to get into the villages to see what the women eat," Fowles said. She soon realized that others at the institute had already completed such work and were eager to share their findings.

"I was able to help them analyze their data," Fowles said, admitting she would not have been able to collect such valuable information on her during her short stay. "It was really eye-opening," Fowles said of the research. She went into the project knowing there would be differences tied to societal issues. Those differences influence all aspects of life, including dietary patterns, which are key during pregnancy.

There is a very high population of infants with low birth weight and a high rate of infant mortality in India. By looking at nutritional issues Fowles and the institute's faculty hope to better understand the dietary issues and ultimately find practical and cost-effective ways to enhance the diet of pregnant women.

The issue is but one way Mennonite College of Nursing can play an active role in increasing the health of women in the country. There will be ample additional opportunities once the institute opens the nursing school, which Ridenour predicts could take many months.

In the interim she and Fowles will continue their correspondence with their colleagues in India, offering whatever support and guidance they can.

Both women are eager for the institute's nursing school to move forward, noting there will be multiple benefits. "There are real health needs in India tied to an aging population and related to sanitation," Ridenour said. The country needs more trained professionals to deal with increasingly complicated health care issues, such as infectious disease control and birth traumas.

Closer to home, Mennonite College of Nursing needs to build partnerships with institutions like the school in India. "For us it is an opportunity to look at cultural differences, a transcultural experience," Fowles said. "We will go there and see patients from different cultures. We'll understand where they are coming from with their health care needs and be able to provide better care as a result."

Most important, the relationship will allow Mennonite College of Nursing to not only remain true to its mission statement but, indeed, bring it to life.

## ***Association promotes involvement, fellowship***

The purpose of the Student Nurses' Association (SNA) is "to provide the opportunity for participation in meetings and activities that contribute to his/her personal and professional development and networking" (SNA Bylaws, 2000). SNA also offers nursing students the opportunity to develop a bond with fellow students, faculty, and staff. The students involved in this organization are to promote good citizenship and are encouraged to be involved in the input for developing all aspects of Mennonite College of Nursing at Illinois State University.

The association promotes several activities in Bloomington-Normal and on the Illinois State campus. Some of its activities include the Jingle Bell Run, American Heart Association Walk, Homecoming, externships at local hospitals, blood drives, and working with underprivileged children and families at Christmas.

SNA at Mennonite College of Nursing focuses mainly on community service opportunities in which students can become involved. It strives to "celebrate" student accomplishments at the end of the year and to honor graduating seniors. The association also sponsors an annual spring banquet in March, a formal event for students, guests, and faculty.

SNA officers for 2000-01 are Renae Donahue, president; Jenny Hoffman, co-vice president; Stephanie Breedlove, co-vice president; Corrine Fortney, secretary; and Kristin Anderson, treasurer. Advisors are Janeen Mollenhauer and Cindy Sullivan.

## ***Externship program established***

The implementation of an externship program for juniors in nursing marks a new phase in the ongoing collaboration between Mennonite College of Nursing and Carle Foundation Hospital. The program gives students an opportunity to be mentored by an experienced nurse in a variety of acute-care settings, including the emergency department, medical/surgical, maternal health, and intermediate-care units.

Students are paired with a single mentor and during an eight-week period are able to apply nursing skills in a learning environment. Nancy Ridenour, Mennonite dean, and Pam Bigler, nursing services director at Carle Foundation, proposed the externship as part of a comprehensive collaboration between Mennonite and Carle.

Jessica Rayburn, who was selected to be the first participant in the program, gained experience working in the emergency department. Caroline Mallory, an assistant professor who helped develop the program in collaboration with Carle managers and specialists, expects the program to be of benefit to the increasing number of applicants expected this coming spring.





**Mennonite College of Nursing at Illinois State University welcomes your support**

Donations to Mennonite College of Nursing are used to increase funding in

- Mennonite College of Nursing Endowment Fund
- Mennonite College of Nursing Endowed Scholarship Fund
- Mennonite College of Nursing Endowed Professorship Award for Chronic Disease
- Dr. Kathleen A. Hogan Faculty Development Endowed Fund
- General Fund

Every gift helps strengthen the college's ability to accomplish its mission of educating beginning and advanced practitioners of nursing.

**Yes! I want to give.**

\$1,000    \$500    \$250    \$100    Other \$ \_\_\_\_\_

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NAME \_\_\_\_\_ GRADUATION YEAR \_\_\_\_\_

DEGREE(S) \_\_\_\_\_

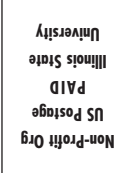
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